

# CONFIDENTIAL CLIENT QUESTIONNAIRE

FOR OFFICE USE ONLY

DATE SENT \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
DATE REC'D \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
IC TECH SCORE \_\_\_\_\_

## GENERAL INFORMATION - PLEASE PRINT

DATE \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

PATIENT NAME \_\_\_\_\_ HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ HOW LONG? \_\_\_\_\_

E-mail address \_\_\_\_\_@\_\_\_\_\_ We do not share your address.

PREVIOUS ADDRESS IF LESS THAN 3 YEARS AT PRESENT

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

BIRTH DATE \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ AGE \_\_\_\_\_ SEX M \_\_\_\_\_ F \_\_\_\_\_ MARITAL STATUS M \_\_\_\_\_ S \_\_\_\_\_ D \_\_\_\_\_ W \_\_\_\_\_

YOUR EMPLOYER \_\_\_\_\_ CITY \_\_\_\_\_ YEARS WITH FIRM \_\_\_\_\_

OCCUPATION \_\_\_\_\_ SOCIAL SECURITY# \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

SPOUSE'S NAME \_\_\_\_\_ BIRTH DATE \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ OCCUPATION \_\_\_\_\_

SPOUSE'S EMPLOYER \_\_\_\_\_ CITY \_\_\_\_\_ PHONE \_\_\_\_\_

YOUR MD \_\_\_\_\_ DATE OF LAST PHYSICAL \_\_\_\_\_

DENTIST \_\_\_\_\_ DATE OF LAST VISIT \_\_\_\_\_

DATE OF LAST CHIROPRACTIC ADJUSTMENT \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ GIVEN BY DR \_\_\_\_\_

WHO MAY WE CONTACT IN CASE OF EMERGENCY \_\_\_\_\_ PHONE \_\_\_\_\_

WHO MAY WE THANK FOR REFERRING YOU TO US? \_\_\_\_\_ PHONE \_\_\_\_\_

PLEASE FILL OUT THE FOLLOWING AS COMPLETELY AS YOU CAN. USE ADDITIONAL BLANK SHEETS. OBTAINING THE BEST HEALTH POSSIBLE IS A PROCESS THAT CAN ONLY OCCUR WITH YOUR PARTICIPATION. THE INFORMATION YOU PROVIDE WILL HELP YOUR DOCTOR MAKE INFORMED RECOMMENDATIONS. THANK YOU.

## YOUR HEALTH HISTORY

GIVE THE PRIMARY REASON YOU ARE CONSULTING WITH OUR DOCTOR. BE SURE TO GIVE A DETAILED ACCOUNT INCLUDING WHEN AND WHY IT STARTED, WHAT HAS BEEN DONE TO DATE, THE RESULTS YOU HAVE HAD AND IF THE PROBLEM IS GETTING BETTER, WORSE OR IS THE SAME.

GIVE ANY SECONDARY HEALTH PROBLEMS YOU ARE EXPERIENCING. LIST THE MOST SEVERE FIRST.

LIST ALL NUTRITIONAL SUPPLEMENT PRODUCTS YOU ARE TAKING. INCLUDE THE NAME OF THE COMPANY, AMOUNT, WHY YOU ARE TAKING THEM AND HOW LONG YOU HAVE BEEN TAKING. WE ASK THAT YOU BRING ALL BOTTLES TO YOUR CONSULTATION.

NAME	COMPANY	AMOUNT	WHY TAKING	HOW LONG
------	---------	--------	------------	----------

LIST ALL DRUGS (PRESCRIPTION OR NOT) YOU ARE TAKING. INCLUDE THE REASON TAKEN, AMOUNT, LENGTH OF TIME TAKEN AND RESULTS. LIST ALL OTHER DRUGS YOU HAVE TAKEN IN THE PAST.

NAME	AMOUNT	WHY TAKING	HOW LONG	RESULTS
------	--------	------------	----------	---------

LIST ALL SURGERIES YOU HAVE HAD INCLUDING THE DATE, WHY IT WAS DONE AND THE RESULTS.

SURGERY	DATE	WHY DONE	RESULTS
---------	------	----------	---------

LIST ANY ALLERGIES YOU HAVE TO FOOD, DRUGS OR OTHER SUBSTANCES ALONG WITH THE SYMPTOMS THEY PRODUCE AND INDICATE HOW LONG YOU HAVE SUFFERED FROM EACH ITEM.

ALLERGY	SYMPTOMS	HOW LONG
---------	----------	----------

ANSWER THE FOLLOWING QUESTIONS TO THE BEST OF YOUR ABILITY. IF YOU DON'T KNOW THE ANSWER, LEAVE BLANK:

- ( ) YES ( ) NO MY MOTHER WAS HEALTHY WHILE PREGNANT WITH ME. IF NO, DESCRIBE \_\_\_\_\_
- ( ) YES ( ) NO WAS YOUR BIRTH NATURAL? IF NO, PLEASE CHECK ( ) ANESTHESIA ( ) FORCEPS ( ) C-SECTION
- ( ) YES ( ) NO WERE YOU BREAST FED FOR AT LEAST THE FIRST 6 MOS? \_\_\_\_\_
- ( ) YES ( ) NO WERE YOU FED ANYTHING OTHER THAN BREAST OR COW FORMULA MILK IN THE FIRST 6 MOS? LIST ITEMS \_\_\_\_\_
- ( ) YES ( ) NO WERE YOU A COLICKY BABY? UNTIL WHAT AGE? \_\_\_\_\_
- ( ) YES ( ) NO HAVE YOU BEEN TO OR LIVED IN A FOREIGN COUNTRY? LIST \_\_\_\_\_
- ( ) YES ( ) NO HAVE YOU EVER FAINTED OR HAD A CONVULSION? DESCRIBE \_\_\_\_\_

MARK ANY YOU HAVE HAD: ( ) MEASLES ( ) CHICKEN POX ( ) MUMPS ( ) GERMAN MEASLES ( ) HEPATITIS  
 ( ) SCARLET FEVER ( ) RHEUMATIC FEVER ( ) LYMES DISEASE ( ) MONONUCLEOSIS  
 ( ) HERPES ( ) SHINGLES ( ) VENEREAL DISASE ( ) HIV/AIDS

DIET HISTORY MARK EACH ONE USING A "0" OR NONE WHEN APPROPRIATE

GIVE THE AMOUNT OF EACH YOU CONSUME: \_\_\_\_\_ OUNCES WATER \_\_\_\_\_ DAY \_\_\_\_\_ NOT DAILY  
\_\_\_\_\_ OUNCES ALCOHOL \_\_\_\_\_ DAY \_\_\_\_\_ NOT DAILY  
\_\_\_\_\_ OUNCES COFFEE/TEA \_\_\_\_\_ DAY \_\_\_\_\_ NOT DAILY  
\_\_\_\_\_ OUNCES SODA \_\_\_\_\_ DAY \_\_\_\_\_ NOT DAILY  
\_\_\_\_\_ OUNCES JUICE \_\_\_\_\_ DAY \_\_\_\_\_ NOT DAILY  
\_\_\_\_\_ OTHER \_\_\_\_\_ DAY \_\_\_\_\_ NOT DAILY

LIST YOUR 10 MOST FAVORITE FOODS EATEN MOST FREQUENTLY. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

GIVE PERCENTAGE FOR EACH OF THE FOLLOWING. Total for each line to equal 100%  
WHERE DAILY DIET PREPARED: \_\_\_\_\_ HOME \_\_\_\_\_ RESTAURANT \_\_\_\_\_ FAST FOOD \_\_\_\_\_ VENDING MACHINE  
HOW FOOD PREPARED: \_\_\_\_\_ BAKED \_\_\_\_\_ ROILED \_\_\_\_\_ BOILED \_\_\_\_\_ RIED \_\_\_\_\_ STEAMED \_\_\_\_\_ MICROWAVE  
FOOD PREPARED FROM: \_\_\_\_\_ FRESH \_\_\_\_\_ CANNED \_\_\_\_\_ FROZEN \_\_\_\_\_ PREPACKAGED

MY APPETITE IS: ( ) NORMAL ( ) EXCESSIVE ( ) POOR ( ) NONE  
I CRAVE: ( ) SWEETS ( ) SALT ( ) CHOCOLATE ( ) WATER ( ) DIRT ( ) OTHER \_\_\_\_\_

TYPE OF WATER USED FOR DRINKING/COOKING: ( ) TAP OR CITY ( ) SPRING ( ) WELL ( ) RAIN  
( ) BOTTLED DISTILLED ( ) BOTTLED FILTERED ( ) REVERSE OSMOSIS  
IF PURCHASE WATER, IS IT IN: ( ) SOFT PLASTIC ( ) HARD PLASTIC ( ) GLASS

FOODS THAT DISAGREE WITH YOU: ( ) RAW VEGETABLES ( ) RAW FRUIT ( ) FATS ( ) FRIED  
( ) MILK/DAIRY ( ) GREASY ( ) EGGS ( ) ONIONS  
( ) HIGHLY SPICED ( ) BEANS  
( ) CABBAGE ( ) SUGAR  
( ) OTHER \_\_\_\_\_

WHAT SYMPTOMS DO YOU GET FROM FOODS THAT DISAGREE WITH YOU? \_\_\_\_\_  
\_\_\_\_\_

DO YOU FAST? ( ) YES ( ) NO IF YES, HOW OFTEN AND HOW LONG? \_\_\_\_\_  
HAVE YOU EVER DONE A DETOXIFICATION PROGRAM? ( ) YES ( ) NO EXPLAIN \_\_\_\_\_

CHECK ANY OF THE FOLLOWING DIETS YOU HAVE EVER TRIED?  
( ) LOW CHOLESTEROL ( ) LOW SALT ( ) LOW PURINE ( ) ALL ENERGY  
( ) LOW FAT ( ) DIABETIC ( ) RENAL/KIDNEY ( ) HIGH FIBER  
( ) ULCER ( ) DIVERTICULITIS ( ) COMPLEX CARBOHYDRATE ( ) HIGH PROTEIN  
( ) WEIGHT LOSS (LIST WHICH ONES) \_\_\_\_\_

HOW MANY DAYS A WEEK DO YOU EXERCISE? \_\_\_\_\_ HOW LONG EACH TIME? \_\_\_\_\_ TYPE OF EXRCISE? \_\_\_\_\_

**BOWEL HEALTH**

BM = BOWEL MOVEMENT OR STOOL

HOW MANY TIMES DO YOU HAVE A BM? \_\_\_\_\_ X A DAY \_\_\_\_\_ X A WEEK

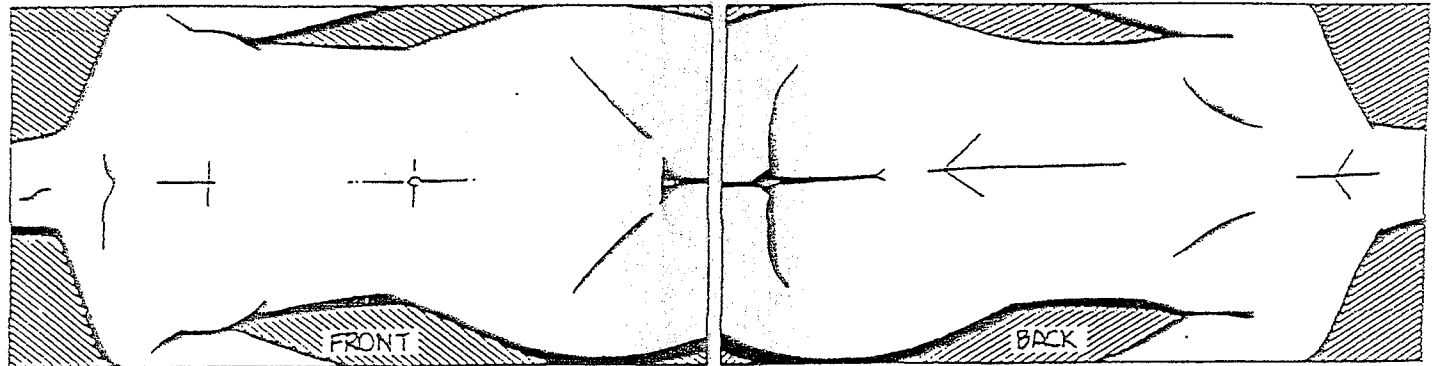
( ) YES ( ) NO DO YOU USE LAXATIVES? HOW OFTEN \_\_\_\_\_ BRAND \_\_\_\_\_  
 ( ) YES ( ) NO DO YOU GET THE URGE TO HAVE A BM? ( ) YES ( ) NO DO YOU HAVE PAIN WITH BM?

Answer key for the following tables: 0 = never 1 = rarely 2 = frequently 3 = always

<b>STOOL SIZE</b>	<b>STOOL CONSISTENCY</b>	<b>STOOL COLOR</b>
___ 2" wide & 6+" length	___ Float like a submarine	___ Med/dark brown
___ 1" wide & 4+" length	___ Float on top of water	___ Very dark/black
___ Thin, long or narrow	___ Sink to bottom	___ Yellow/tan/clay
___ Small, hard	___ Loose but not watery	___ Greenish
___ Large, hard	___ Diarrhea	___ Blood is visible
___ Difficult to pass	___ Alternate hard/diarrhea	___ Mucus in or around

( ) YES ( ) NO HAVE YOU EVER HAD WORMS OR PARASITES? HOW TREATED? \_\_\_\_\_  
 ( ) YES ( ) NO DO YOU PRESENTLY HAVE RECTAL ITCHING? ( ) DAY ( ) NIGHT ( ) CONTINUOUSLY

**DIGESTION** MARK ANY AREAS OF DISTRESS ASSOCIATED WITH FOOD INTAKE ON THE DIAGRAMS



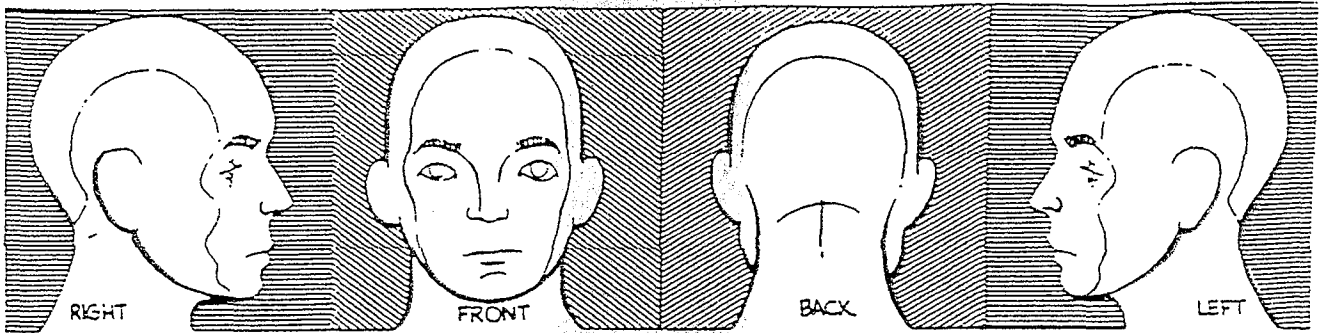
I GET PAIN/HEARTBURN: ( ) BEFORE EATING ( ) AFTER EATING ( ) WHEN LIE DOWN ( ) UPON ARISING

I HAVE: ( ) INDIGESTION ( ) BELCHING ( ) GERD ( ) INTESTINAL GAS ( ) BLOATING  
 ( ) IMMEDIATELY AFTER EATING ( ) 1 - 2 HOURS ( ) 3 - 5 HOURS ( ) 6 + HOURS  
 ( ) NO ODOR ( ) SOME ODOR ( ) ODOR USUALLY ( ) FOWL SMELLING  
 ( ) HIATAL HERNIA ( ) ESOPHAGEAL BURNING/REFLUX ( ) RAISE HEAD OF BED TO SLEEP

LIST ANY DRUGS (PERScription OR OTC) OR NATURAL REMEDIES YOU TAKE FOR ANY STOMACH OR BOWEL SYMPTOMS

PRODUCT	DOSE	HOW FREQUENTLY	RESULTS
---------	------	----------------	---------

HEAD, MOUTH, THROAT MARK ANY AREAS OF HEADACHE OR PAIN MARK ALL THAT APPLY



- MY TEETH ARE:  GOOD  SOME FILLINGS  BAD  SOME MISSING  ALL MISSING  ROOT CANAL  
 I WEAR DENTURES:  UPPER  LOWER  PARTIALS  CROWNS  MORE THAN 1 METAL TYPE IN MOUTH  
 MY BREATH IS:  GOOD  SLIGHT ODOR  ODOR OFF/ON  OFFENSIVE ODOR USUALLY  
 MY TONGUE IS:  COVERED WITH SMALL TASTE BUDS  SORE  FURROWED  COATED \_\_\_\_\_ COLOR  
 MY TONGUE COLOR IS:  PINK  RED  RED BLOTCHY  PINK WITH RED TIP  
 MY TONSILS ARE:  NORMAL  REMOVED AT AGE \_\_\_\_\_  ENLARGED  SPOTTED  
 MY SENSE OF TASTE IS:  NORMAL  POOR  NO TASTE  OVERSALT FOOD  CANKER SORES  
 MY LIPS ARE:  NORMAL  DRY  PEEL A LOT  FEVER BLISTERS OFTEN  CRACKED IN CORNERS  
 I GET HEADACHES:  DAILY  WEEKLY  RARELY  NEVER  
 WAKE UP WITH  GET IN AM  GET IN PM  
 OF DIFFERENT TYPES  WITH SOME FOODS OR DRINKS  
 WITH AURA  WITH NAUSEA/VOMITING

MUSCLE, LIGAMENT, JOINT, NERVES

- I HAVE PAIN IN:  NECK  MID BACK  LOW BACK  
 HIP  KNEE  ANKLE  FEET  
 SHOULDER  ELBOW  WRIST  HANDS  
 OTHER \_\_\_\_\_  
 I GET:  SWOLLEN JOINTS  SORE JOINTS  JOINTS POP OR CRACK  JAW POPS  
 LEG CRAMPS AT REST  LEG CRAMPS WITH ACTIVITY  WORSE AT NIGHT  
 FOOT CRAMPS AT REST  FOOT CRAMPS WITH ACTIVITY  FLAT FEET  BURNING FEET  
 TINGLING IN FEET OR HANDS  RESTLESS LEG SYNDROME  
 I HAVE:  NERVOUS TIC OR TWITCHING - WHERE \_\_\_\_\_  BELL'S PALSY  
 RINGING IN EARS  PARKINSON'S  SCIATIC NEURITIS  MULTIPLE SCLEROSIS  
 HAD SPINAL SURGERY - WHERE \_\_\_\_\_ RESULTS \_\_\_\_\_

HAIR, NAILS, SKIN

HAIR: ( ) COURSE ( ) FINE ( ) FALLS OUT EXCESSIVELY ( ) TURNED GREY AT AGE \_\_\_\_ ( ) OILY ( ) DRY  
MALE BEARD: ( ) HEAVY ( ) LIGHT OR SPARSE ( ) NONE ETHNIC BACKGROUND \_\_\_\_\_  
FEMALE: ( ) FACIAL HAIR ALWAYS ( ) FACIAL HAIR STARTED AT AGE \_\_\_\_ ( ) HAIR ON ABDOMEN OR BREASTS

FINGER NAILS: ( ) NORMAL ( ) BRITTLE/BREAK EASILY ( ) SOFT ( ) RIDGED VERTICALLY ( ) WHITE SPOTS  
( ) RIDGED HORIZONTALLY ( ) GROW FAST ( ) GROW SLOW ( ) SHAPED ODDLY ( ) HANGNAILS

SKIN: ( ) NORMAL ( ) OILY ( ) DRY ( ) FLAKY ( ) ACNE ( ) PSORIASIS ( ) BOILS  
( ) SMALL BUMPS ON UPPER ARMS ( ) SKIN CANCER REMOVED ON \_\_\_\_\_  
(DATE)  
( ) ANTIBIOTICS FOR ACNE AT WHAT AGE \_\_\_\_\_ HOW LONG TAKEN \_\_\_\_\_

SPOTS ON SKIN: ( ) WARTS ( ) MOLES ( ) SMALL RED ( ) LARGE RED ( ) BROWN ( ) WHITE

HANDS AND FEET: ( ) DRY CRACKED OR BLEEDING AREAS ON ( ) HANDS ( ) HEELS ( ) FEET  
( ) INGROWN TOENAILS ( ) FUNGUS ON FEET OR NAILS ( ) ATHLETE'S FOOT

CHEST AND HEART MARK ANY AREAS OF PAIN OR DISCOMFORT ON DIAGRAM

I HAVE CHEST PAIN THAT IS: ( ) SHARP ( ) DULL ( ) SEVERE  
( ) RADIATES TO MY ARM, NECK, OR BACK  
( ) WORSE AT REST ( ) WORSE ON EXERTION  
( ) BETTER WITH EXERCISE ( ) NO CHANGE WITH EXERCISE

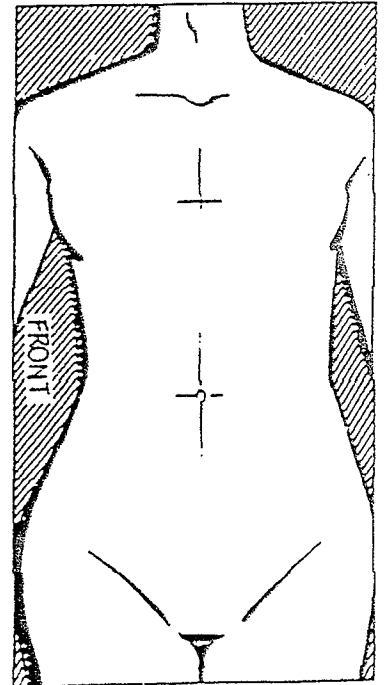
MY PULSE/ HEARTBEAT IS: ( ) TOO FAST ( ) TOO SLOW ( ) SKIPS BEATS

I HAVE: ( ) HIGH BLOOD PRESSURE ( ) LOW BLOOD PRESSURE  
I AM: ( ) ON HBP MEDICINE ( ) ON DIURETICS

I HAVE HAD: ( ) HAD A HEART ATTACK ( ) HAD A STROKE  
( ) ANGIOPLASTY ( ) BYPASS SURGERY

I HAVE BEEN TOLD I HAVE: ( ) HEART DISEASE ( ) LUNG DISEASE  
( ) CLOGGED ARTERIES

I HAVE: ( ) VARICOSE VEINS ( ) SPIDER VEINS  
( ) HEMORRHOIDS ( ) HAD VESSEL SURGERY



## RESPIRATORY, LUNGS

I HAVE NASAL CONGESTION:  DAILY  SEVERAL TIMES A WEEK  ONLY ON OCCASION

I HAVE NASAL DISCHARGE:  DAILY  SEVERAL TIMES A WEEK  ONLY ON OCCASION  
 CLEAR  YELLOW  GREEN  BLOOD TINGED  OTHER \_\_\_\_\_

I HAVE:  NON-PRODUCTIVE COUGH {W/O MUCUS}  PRODUCTIVE COUGH {WITH MUCUS}  
 ALLERGIES TO \_\_\_\_\_  HOARSENESS OF VOICE  POST-NASAL DRIP  
 HAYFEVER  ASTHMA  WHEEZING  SNORING

I HAVE/HAVE HAD:  FREQUENT COLDS  FLU ONCE OR MORE A YEAR  
 PNEUMONIA  SINUS INFECTIONS  
 ANTIBIOTICS 3 OR MORE TIMES IN MY LIFE  
 ALLERGIC TO \_\_\_\_\_

I TAKE:  ALLERGY SHOTS  ALLERGY MEDICINE  DECONGESTANTS  NASAL SPRAYS  STEROIDS

I USE:  CIGARETTES \_\_\_\_\_ PACK/DAY  SNUFF/CHEW  CIGARS  EXPOSED TO 2<sup>ND</sup> HAND SMOKE

I HAVE BEEN TOLD I HAVE:  LUNG DISEASE \_\_\_\_\_  EMPHYSEMA  COPD

## EMOTIONAL, NERVOUS AND METABOLISM MARK ALL THAT APPLY

I AM/HAVE:  NERVOUS  ANXIOUS  DEPRESSED  SENSITIVE TO NOISE  
 CONFUSED EASILY  SLEEPY DURING DAY  EXHAUSTED A LOT  FATIGUE EASILY  
 LOSS OF APPETITE  RAGE  FEARFUL  HEAR VOICES  
 WEAKNESS  POOR MEMORY  IRRITABILITY  MORBID THOUGHTS

I AM/HAVE:  SUSPICIONS OF OTHERS  THOUGHTS OF SUICIDE  QUICK MOOD CHANGES  
 FEAR OF INSANITY  FEAR SERIOUS DISEASE LIKE \_\_\_\_\_  
 AVOID CROWDS  FRIENDS AVOID ME  HAVE HYPOGLYCEMIA OR LOW BLOOD SUGAR  
 HAD GLUCOSE TOLERANCE TEST AND IT WAS  POSITIVE  NEGATIVE

I:  TAKE DAYTIME NAPS  DREAM TOO MUCH  HAVE NO DREAMS AT ALL  HAVE NIGHTMARES

I:  WAKE UP TIRED  AM COLD WHEN OTHER ARE COMFORTABLE  FEEL TOO HOT  
 HAVE COLD HANDS  HAVE COLD FEET  
 PERSPIRE TOO MUCH  HAVE INADEQUATE PERSPIRATION WHEN EXERCISE

DO YOU FEEL WELL RESTED WHEN YOU WAKE UP IN THE MORNING  YES  NO

\_\_\_\_\_ RATE THE QUALITY OF YOUR SLEEP (1 BEING AWFUL AND 10 BEING GREAT)

FEMALE SPECIFIC

MY MENSTRUAL PERIODS ARE: AGE OF FIRST PERIOD \_\_\_\_\_

- NORMAL    PAINFUL FIRST DAY    PAINFUL BEFORE AND DURING
- FLOW IS EXCESSIVE    HAVE CLOTS OR HEMORRHAGE    FLOW IS SCANTY
- REGULAR EVERY \_\_\_\_\_ DAYS    IRREGULAR
- NO PERIOD IN \_\_\_\_\_ MONTHS    TWO OR MORE PER MONTH
- ABNORMAL SINCE \_\_\_\_\_ YEARS OF AGE
- MENSTRUAL PROBLEMS BEFORE FIRST CHILD    MENSTRUAL PROBLEMS AFTER FIRST CHILD

MENSTRUAL BLOOD COLOR IS: PINK    RED    BROWN    BLACK    OTHER \_\_\_\_\_

I HAVE/HAVE HAD: ENDOMETRIOSIS    CONSTIPATION WITH PERIODS    DIARRHEA WITH PERIODS

ORGAN DROP:    UTERUS IN POSITION    UTERUS OUT OF POSITION    BLADDER PROLAPSED

I AM/HAVE BEEN: ON BIRTH CONTROL PILL \_\_\_\_\_ TOTAL YEARS ON BCP \_\_\_\_\_

Name

MENOPAUSE AT AGE \_\_\_\_\_ HYSTERECTOMY AT AGE \_\_\_\_\_

I AM ON HORMONE REPLACEMENT: ESTROGEN    PROGESTIN    ORAL    PATCH

WILD YAM CREAM    BIO-IDENTICAL FORMULATION

I HAVE BREAST SORENESS: BEFORE PERIOD    DURING PERIOD    AFTER PERIOD    ALL MONTH LONG

I HAVE: FIBROCYSTIC BREASTS    HAD BREAST CANCER

PRODUCE MILK BUT NOT PREGNANT OR NURSING

MY BREASTS ARE: FIRM    SOFT AND SAGGY    HAVE IMPLANTS    HAD REDUCTION SURGERY

I: HAVE \_\_\_\_\_ CHILDREN    BEEN PREGNANT \_\_\_\_\_ TIMES    LIKE CHILDREN    DISLIKE CHILDREN

WANT MORE    DON'T WANT MORE    AM STERILE    HAVE FEAR OF PREGNANCY

I GET: BLADDER INFECTIONS    YEAST INFECTIONS    YEAST INFECTIONS AFTER ANTIBIOTICS

VAGINAL BURNING/ITCHING ON INSIDE OUTSIDE

VAGINAL DRYNESS    PAINFUL INTERCOURSE

I URINATE: \_\_\_\_\_ TIMES PER DAY    \_\_\_\_\_ TIMES AT NIGHT    MORE FREQUENTLY THAN NORMAL

WITH PAIN    WITH DIFFICULTY STARTING/STOPPING    WITH ITCHING OR BURNING

MY URINE COLOR IS: PALE YELLOW    BRIGHT YELLOW    DARK YELLOW    OTHER \_\_\_\_\_

CLEAR    CLOUDY    WITH MUCUS IN IT    VARIES A LOT

MY URINE HAS: ODOR    DESCRIBE \_\_\_\_\_

I HAVE / HAD:    VENEREAL DISEASE    GENITAL HERPES    HERPES I    HIV/AIDS

MY LIBIDO IS: NORMAL    EXCESSIVE    INCREASED    DIMINISHED    ABSENT

LIBIDO MEANS DESIRE FOR SEXUAL RELATIONS.

continue at diagram on next page



MALE SPECIFIC

I AM:  OVERLY TIRED  EXHAUSTED  GETTING TOO OLD FOR ANYTHING  IMPOTENT

MY PROSTATE:  NORMAL  ENLARGED  HAD CANCER  REMOVED

I HAVE:  PAIN ON URINATION  DIFFICULTY STARTING URINE FLOW  DIFFICULTY STOPPING FLOW  
 DRIBBLING OF URINE  DECREASED STREAM SIZE  PAIN OR PRESSURE AFTER SEX  
 GET UP TO URINATE \_\_\_\_\_ TIMES PER NIGHT  BURNING DISCHARGE

MY URINE COLOR IS:  PALE YELLOW  BRIGHT YELLOW  DARK YELLOW  OTHER \_\_\_\_\_  
 CLEAR  CLOUDY  WITH MUCUS IN IT  VARIES A LOT

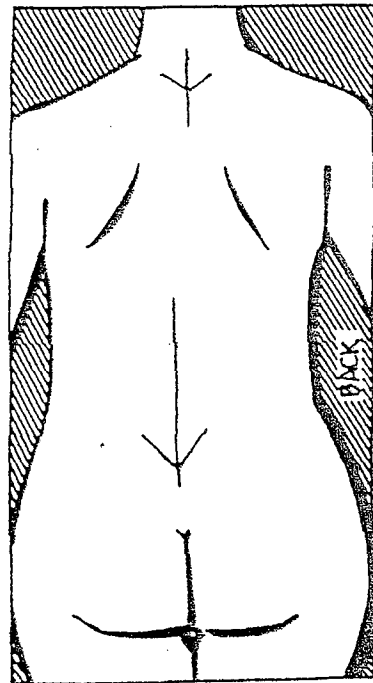
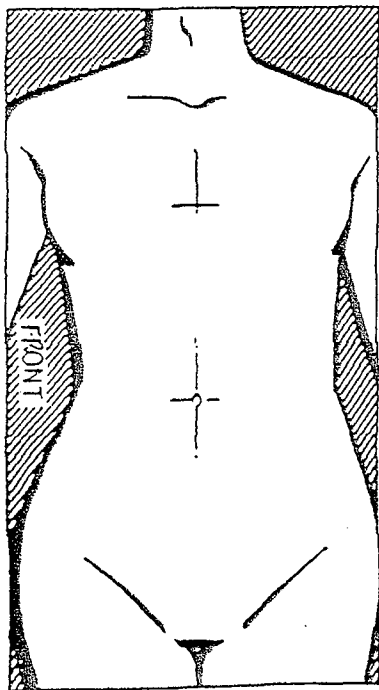
MY URINE HAS  ODOR DESCRIBE \_\_\_\_\_

I HAVE:  HERNIA \_\_\_\_\_  PAIN IN TESTICLES OR SCROTUM

I HAVE / HAD:  VENEREAL DISEASE  GENITAL HERPES  HERPES I  HIV/AIDS

MY LIBIDO IS:  NORMAL  EXCESSIVE  INCREASED  DIMINISHED  ABSENT  
LIBIDO MEANS DESIRE FOR SEXUAL RELATIONS

USE THE DIAGRAMS BELOW TO MARK ALL AREAS OF PAIN OR DISCOMFORT YOU HAVE EXPERIENCED IN THE PAST 90 DAYS. DESCRIBE YOUR PAIN/DISCOMFORT IN THE MARGINS AND CONNECT WITH ARROW TO EACH AREA THE DESCRIPTION APPLIES TO.



ARE YOU CURRENTLY SEEING ANY OTHER HEALTHCARE PROFESSIONAL SUCH AS DENTIST, MASSAGE THERAPIST, ACUPUNCTURIST, PSYCHOLOGIST, ETC? PLEASE EXPLAIN.

PLEASE FILL OUT YOUR FAMILY HEALTH HISTORY ON THE CHART BELOW  
PUT AN "N" IN THE BOX IF HAVE IT NOW OR A "P" IF HAD IN THE PAST

	ALCOHOLISM	ALLERGIES	ALZHEIMER'S DISEASE	ARTHRITIS	ASTHMA	ATHEROSCLEROSIS	CANCER	DIABETES	EPILEPSY	GLAUCOMA	HEADACHES	HIGH BLOOD PRESSURE	KIDNEY DISEASE	OBESITY	OSTEOPOROSIS	SINUS PROBLEMS	STROKE	THYROID PROBLEM	TUBERCULOSIS	ULCERS
YOU																				
SPOUSE																				
CHILDREN																				
MOTHER																				
FATHER																				
MATERNAL GRANDPARENTS																				
PATERNAL GRANDPARENTS																				
SISTERS																				
BROTHERS																				

USE THIS SPACE TO ADD ANYTHING ELSE YOU WOULD LIKE TO SHARE ABOUT YOUR HEALTH CONCERNS OR THAT YOU THINK THE DOCTOR SHOULD KNOW

Please review this form to be sure your answers are accurate and sign below.  
Thank you for choosing our clinic. We look forward to working with you on your health goals.

Signature \_\_\_\_\_

Date \_\_\_\_\_